

## Pole dancing will help you stay in shape and keep you fit!

**DW Custom Pole Design**, specializes in the creation of unique pole design custom to your taste and style. Our professional staff will work with you to design and build the pole of your dreams one that will complement any space, and allow you to do your pole workout in style.

Pole dancing strengthens your body, mind, and spirit. Pole dancing classes and lessons allow ladies to burn up to 400 calories an hour while toning their arms, shoulders, abs, buns, and legs. Ladies can improve muscle tone, lose weight, and build their self-esteem!

Women of all shapes, sizes, ages and backgrounds are installing poles in their home and office space. You can do the same by ordering your very own custom made pole design.

Our expert builder and pole designer is ready to work with you to create the best custom fit for your space.



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